

Nā Koa Kai Canoe Club

Perpetuating The Hawaiian Culture One Keiki At A Time™



2013 Keki Heihei Wa'a Race Packet *Youth Canoe Regatta & SUP Race*

May 4 & 5, 2013 8am-5pm
De Anz Cove Park - 3000 North Mission Bay Drive
San Diego, CA 92109



Perpetuating The Hawaiian Culture One Keiki At A Time™

Shaka Festival

Schedule of Events • Saturday April 26, 2014

Ke Kai • Water Events

7:00am-4:00pm

7:00am – Registration opens for all Races

- Stand Up for the Kids Stand Up Paddle Board Race (2 mile Individual, 4 mile Team Relay & 1 mile Menehune Course)
- Keiki Heihei Wa`a 2 mile and Sprint Course

7:45am – Long Course Meeting

8:00am – Opening Ceremony & Blessing

- Long Course Registration closes

8:15am – Stand Up for the Kids 2-mile Race

8:45am – Keiki Heihei Wa`a 2 mile Race

8:45am– Stand Up for the Kids 4 mile Team Relay Race

-- Stand Up for the Kids Menehune Course

10:15am- Regatta Steersmen Meeting

10:30am– Keiki Heihei Wa`a (Youth Canoe Regatta)

3:30pm – Awards Ceremony

Ke `āina • Land Events

9:00am-5:00pm

Shopping

- Boutique Vendors
- Health Wellness & Info Booths
- Food Vendors

Cultural Village

- Poi Pounding
- Tiki Carving
- Lei Making

Stage Entertainment

- Hula & Tahitian dance performances
- Tahitian Drumming
- Various Live Bands

Nā Koa Kai Canoe Club, Inc. P.O. Box 721437 San Diego, CA 92172

Phone | 858.449.2078

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Email | aloha@nakoakai.com

Website | www.nakoakai.com



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Shaka Festival

Keiki Heihei Wa`a • Saturday, April 26, 2014
Crowne Point Shores, San Diego, CA

Aloha 'oukou! The 4th Annual Keiki Heihei Wa`a (youth regatta) will take place on Saturday, April 26, 2014. The Keiki Heihei Wa`a will consist of a long distance course and sprint course. The long distance course will be a 2 mile distance and the sprint (regatta) course will be a 500m straightaway. The straightaway course will have 4-6 lanes and begins and ends in front of the crowd on the beach. There will be two race turns for 17 and older teams.

Along with our Keiki Heihei Wa`a, we will also be hosting our 2nd annual **"Stand-Up For The Kids"** stand-up paddle race for youths and adults on the same day! The stand-up paddle race on Saturday will be a 1-mile race for nā 'opio under 16 years old and a 2.0 mile course for everyone else. Keiki's can participate in both paddling events.

2 mile Long Distance Course



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500m Straightaway Sprint Course



Keiki Heihei Wa`a Details:

CANOES WILL BE PROVIDED FOR ALL PARTICIPATING CLUBS.

Canoes from a pool of similarly-rigged Bradley's will be assigned randomly to crews throughout the day. Please respect the canoes you are borrowing. We ask that everyone step up to help unload, rig, un-rig and re-load the canoes. Mahalo nui loa in advance for your cooperation and kōkua.

Divisions: All Keiki (includes Boys, Girls, and Coed) Age division races will consist of several heats. There will also be "Mixed Plate-Teams" that will consist of Coed teams assembled from different clubs on race day. All Keiki races will be on a measured 500m course. An adult steersmen will be allowed to steer but not paddle in

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7:00 am	***	Registration Opens
7:45 am	***	Steersmen Meeting
8:00 am	***	Open Ceremony/Blessing
8:00 am	***	Registration Closed

Long Distance Course - 2 miles

Time	Race	Division
8:45am	OC-6 – L1	10-13yr olds Boys (Heat 1)
	OC-6 -L2	10-13yr olds Boys (Heat 2)
	OC-6 -L3	10-13yr olds Girls(Heat 1)
	OC-6 -L4	10-13yr olds Girls(Heat 2)
	OC-6 -L5	14-16yr olds Boys (Heat 1)
	OC-6 -L6	14-16yr olds Boys (Heat 2)
	OC-6 -L7	14-16yr olds Girls (Heat 1)
	OC-6 -L8	14-16yr olds Girls (Heat 2)
	OC-6 -L9	17-19yr olds Boys (Heat 1)
	OC-6 -L10	17-19yr olds Boys (Heat 2)
	OC-6 -L11	17-19yr olds Girls (Heat 1)
	OC-6 -L12	17-19yr olds Girls (Heat 2)

Sprints

10:15am	***	Steersmen Meeting
10:30am	OC-6 - S1	6-9yr olds Boys (Heat 1)
	OC-6 - S2	6-9yr olds Girls (Heat 1)
	OC-6 - S3	10-13yr olds Boys (Heat 1)
	OC-6 - S4	10-13yr olds Boys (Heat 2)
	OC-6 - S5	10-13yr olds Girls(Heat 1)
	OC-6 - S6	10-13yr olds Girls(Heat 2)

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Time	Race	Division
	OC-6 - S7	14-16yr olds Boys (Heat 1)
	OC-6 - S8	14-16yr olds Boys (Heat 2)
	OC-6 - S9	14-16yr olds Girls (Heat 1)
	OC-6 - S10	14-16yr olds Girls (Heat 2)
	OC-6 - S11	17-19yr olds Boys (Heat 1)
	OC-6 - S12	17-19yr olds Boys (Heat 2)
	OC-6 - S13	17-19yr olds Girls (Heat 1)
	OC-6 - S14	17-19yr olds Girls (Heat 2)
	OC-6 - S15	6-9yr olds Coed(Heat 1)
	OC-6 - S16	10-13yr olds Coed(Heat 1)
	OC-6 - S17	14-16yr olds Coed(Heat 1)
	OC-6 - S18	17-19yr olds Coed(Heat 1)
	OC-6 - S19	6-9yr olds Mixed Plate
	OC-6 – S20	10-13yr olds Mixed Plate
	OC-6 – S21	14-16yr olds Mixed Plate
	OC-6 – S22	17-19yr olds Mixed Plate

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Shaka Festival & Keiki Heihei Wa'a

OC-6 Race • Saturday April 26, 2014

Race Registration Form

Club Name: _____ Coach: _____ Phone : _____

Division: (Please complete a separate registration form for each race) Pre-register by April 23, 2014

Division:	Boys	Girls	Coed
6 – 9 yr old (Adult steersmen ok)			
10-13yr old (Adult steersmen ok)			
14-16yr old			
17-19yr old			

Race Course (circle one)	
3-mile	Regatta

Team/Crew			
	Paddlers Names: (Please Print Clearly)	Age	SCORA Member?
1.			Yes No
2.			Yes No
3.			Yes No
4.			Yes No
5.			Yes No
6.			Yes No

Race Fees: \$20 per keiki paddler which includes race fees for all three divisions.

Pre-registration closes on Wednesday, April 23, 2014

Email Nā Koa Kai Pu'ukū (Treasurer), for payment arrangements or questions about registration at:

puuku@nakoakai.com

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Shaka Festival & Keiki Heihei Wa'a

OC-6 Race • Saturday April 26, 2014

Throughout the regatta festivities, a fun and family friendly festival will be held on the 'āina (land). Authentic Hawaiian- style grindz (food) will be sold all day. While hula performers dance gracefully on the grassy lawn to beautiful Hawaiian mele (music). Interested in learning Hawaiian crafts? A nestled Cultural Village will be available to learn the Hawaiian crafts such as ipu making, ti lei's, and much more! Need to shop for Aloha attire and products? Many boutique vendors will be present at the event!

Opportunity Drawing for Amazing Prizes!

Enter in our opportunity drawing to win tickets to amusement parks, Hawaiian-style gear and other wonderful prizes.

Directions & Parking

From South or East San Diego, take I-8 to the Sports Arena Blvd. exit, make a right onto West Mission Bay Drive and continue straight to Ingraham Street. Cross over 2 bridges then go right onto Crown Point Drive. Several large parking lots will be on the right-hand side.

From North San Diego, take I-5 to the Sea World Drive exit, make a right onto Sea World Drive and continue straight to Ingraham Street. Cross over 2 bridges then go right onto Crown Point Drive. Several large parking lots will be on the right-hand side.

Parking is free in these lots.

Park Location:

Crown Point (Mission Bay Park)
3632 Corona Oriente Rd
San Diego, CA 92109

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Name: _____ Email: _____ Date: _____
Phone: _____ Paid by: Cash | Check | Credit | Debit Total Amount: _____
Notes: _____

Visit our Facebook page or our website to order online: www.facebook.com/nakoakai or www.nakoakai.com

Items Available

Item	Size (Y- youth, A-adult)	Type	Price	Subtotal
Heihei Wa'a T-shirt Black	YM YL YXL AS AM AL AXL	Short Sleeve	\$20	\$ _____
Heihei Wa'a Womens V-neck Charcoal Grey	YM YL YXL AS AM AL AXL	Short Sleeve	\$20	\$ _____
		Total:		\$ _____

Official 2014 Keiki Heihei Wa'a Event T-shirt

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NĀ KOA KAI CANOE CLUB, INC. SHAKA FESTIVAL & SPRINTS/RACE WAIVER, RELEASE OF LIABILITY, AND ASSUMPTION OF RISK

In consideration for participation in activities organized by Nā Koa Kai Outrigger Canoe Club, Inc, its members, their agents, owners, officers, volunteers, participants, employees, by Nā Koa Kai Outrigger Canoe Club, Inc., City of San Diego, a and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "NĀ KOA KAI CANOE CLUB "), and/or in consideration of use NĀ KOA KAI CANOE CLUB equipment, I hereby freely agree to and make the following contractual representations and agreements.

1. I acknowledge that my participation in paddling an outrigger canoe entails risks that are known, unknown, anticipated, and unanticipated that could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks cannot be eliminated without jeopardizing the essential and/or fundamental qualities of the activity.

The risks include, but are not limited to the following: boat capsize; tidal conditions and currents; travel in remote areas; collision with objects or other watercraft; hypothermia, accidental drowning; illness in remote areas; exposure to sun, strong wind, cold, storms, large waves, eddies and whirlpools; lightning; marine life; wrist, arm, shoulder, and/or back injuries; slips and falls while getting in and out of the canoe; infectious bacteria; waterborne organisms; rapidly changing adverse weather and water conditions.

I also understand that the equipment being used might malfunction and may contain hidden damage or defects, may not have been properly maintained, repaired or assembled, or may not be suited for the use intended I further acknowledge that NĀ KOA KAI CANOE CLUB is not in the chain of distribution for any product and I agree to waive any claims against NĀ KOA KAI CANOE CLUB relating to products liability including product defects.

I expressly agree and promise to accept and assume all of the risks existing in this activity including but not limited to those listed and do hereby release NĀ KOA KAI CANOE CLUB of liability resulting from those risks. I understand that I am hereby relinquishing certain legal rights. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.

2. I acknowledge, agree, and represent that I understand the nature of outrigger canoe paddling and that I am qualified, in good health, can swim and am in proper physical condition to participate in such activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

3. I hereby waive, release discharge for myself, my heirs, executors, administrators, legal representatives, assigns and successors in interest (hereinafter collectively "Successors") any and all rights and claims, including but not limited to claims for negligence, which I have or which may hereafter accrue to me against the officers and members of NĀ KOA KAI CANOE CLUB, for any and all damages which may be sustained by me directly or indirectly in connection with or arising out of, my participation in or association with paddling or steering and outrigger canoe, training, racing, use of NĀ KOA KAI CANOE CLUB's equipment or facilities: I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless NĀ KOA KAI CANOE CLUB from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of NĀ KOA KAI CANOE CLUB equipment, including any claims which allege negligent acts or omissions by NĀ KOA KAI CANOE CLUB.

4. Should NĀ KOA KAI CANOE CLUB or any of it affiliated organization or anyone acting on its behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

6. I agree to my name and likeness (photographs and/or video) being posted on NĀ KOA KAI CANOE CLUB's website.

I have had sufficient opportunity to read this entire document. I have read and understand it, and I agree to be bound by its terms

Signature: _____ Print Name: _____ Date: _____

Address: _____ Street Apt.# City (Spell out Completely) State/Zip Phone #s: _____

Hm: _____ Cell: _____ Email: _____ DOB: _____ M/F _____

Emergency Contact Name: _____

Relationship: _____ Phone # Home: _____ Cell: _____ **PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION (Must be completed for participants under the age of 18)**

In consideration of (print minor's name) ("Minor") being permitted by NĀ KOA KAI CANOE CLUB to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless NĀ KOA KAI CANOE CLUB, and all affiliated organizations from any and all Claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor. I agree to all of the terms above on behalf of Minor.

Parent or Guardian: _____ Print Name: _____ Date: _____